

## Supporting Health Care Leaders

**Health Care Leaders** walk the highwire of complex demands every day, trying to balance expectations of corporate and compliance standards, employees, patients, and vendors. Services are offered that support, guide, and equip leaders to stay poised, develop strengths, achieve desired results, and move forward with success.



**Dr. Ethan Raath** knows from experience as a professional caregiver, the satisfaction of serving people in need, as well as the drain on emotional, physical, and spiritual wellbeing that results in stress, compassion fatigue, and burnout. That is why he is passionate about helping health care leaders stay resilient and effective.

**The Purpose** is to care for the heart, mind, and spirit of health care professionals and leaders, providing personalized support to maintain work satisfaction and leadership impact.

**Help is provided** in containing the high human and financial cost of impaired performance, strained relationships, poor communication, inadequate collaboration, and employee turnover. Benefits include:

- Managing stress and countering emotional fatigue
- Growing leadership mindset and skills
- Sustaining poise in stress filled situations
- Improving communication and collaboration
- Maintaining effective partnerships and teams
- Resolving differences in a timely manner
- Retaining valued employees
- Reflecting on ethical decision making

*I highly value Dr. Ethan Raath's support and guidance in helping me make vital personal professional decisions. His keen insight into interpersonal and group dynamics makes a difference.* David Charles, MD.

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**Ethan Raath, ThD.**, is experienced in patient care, emergency medical services, counseling, pastoral care, social service, and nonprofit leadership. He wrote his doctoral dissertation on the effects of stress and burnout in the helping professions. Expertise includes leadership coaching and development, employee relations consulting, and experience as Professor Health Care Ethics Leadership at Regis University and Interpersonal Communication at Xavier University. He has served on and provided organizational development services for Boards of two international medical missions.

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To know more of how our services can match your needs, please contact:

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